

# U3A Denia

Asociación de la  
Tercera Edad de Denia  
www.u3adenia.org



## November 2017 Newsletter

### The Committee:

**President:**           **Gordon Clifford**

Vice President:   Christine Whitelock

Treasurer:        Roger Fell

Secretary:        Mike Blower

Ex Officio:        Pam Rowlinson

Ex Officio:        Len Roper

Ex Officio:        Margaret Kelly

Ex Officio:        Audrey Roper

### A Message from the President:

As you may be aware I am not one who is much given to displays of emotion. That said two events last week elicited from me some disparate but strangely complimentary emotions.

The first event was the truly wonderful concert given by the Dénia Rock Choir at the members meeting.



Happiness, exuberance, and the sheer joy of singing, rolled off the stage like tidal waves, to wash over the audience, every one of which soaked up the emotions. As I said at the time, the performance was akin to taking a very large dose of "Feel Good Factor". For the duration of the concert the world suddenly seemed like a much happier place, cares and woes forgotten. My sincere thanks to every member of the Choir for a memorable concert and I look forward to a repeat performance.

The second event was completely different but none the less emotional for me. The event was part of the BBC Children in Need Campaign and involved a team of six young people, all of whom had a disability, peddling a rickshaw from London to Glasgow over a period of six days. The weather was atrocious and the terrain

almost mountainous, but never once did the team members complain, their attitude was "I am what I am and I have to make the best of it", and to me they were absolutely inspirational, showing both tenacity and a determination to complete the task no matter what. I was both awed and humbled by them, and have to confess I had a very large lump in my throat when they completed the ride. I believe that we can all take lessons from these truly remarkable young people.



The final emotion was one of great pride in being British when watching a programme celebrating Her Majesty's and Prince Phillip's Platinum Wedding. When one looks at some of the other so called Heads of State I believe that our Queen is probably the most respected in the world, and has carried out the pledge she made to the nation prior to her Coronation to the letter.



Finally a big thank you to the very generous members who gave us a record collection in the pink bucket of €222.87. Our Treasurer, Roger Fell, has now banked the money and it will be used to purchase Christmas presents for the 23 children who are resident at the care home in Dénia.

Gordon Clifford  
President

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## News from the Groups:

### Curry Club:

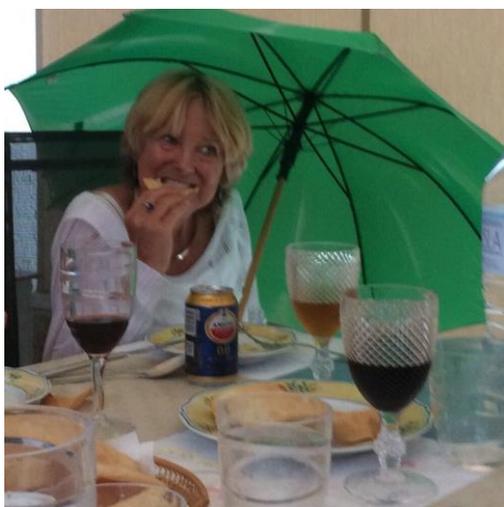


Our first Curry get together after the summer was another enjoyable occasion. No thanks to the weather though Jenny and Brian who hosted prepared a wonderful setting and with the aid of their new awing ensured our meal was a great success.

We had some new members join - Aly and Joop, Barbara and Hazel who along with everyone else provided some delicious food.

I would like to thank everyone who attended. There was some wonderful conversation and everyone got on so well.

Menu - Popadoms and Dips





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Curried Beef , Lamb Bhuna, Pumpkin Curry , Saffron flavoured yoghurt , Fresh Fruit Salad , Rice , Pickles and more

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### **Cycling Group:**

We were 4 meeting up at the Café de Cyclista bar Las Marinas.



Ramon, Hazel de Lucchi, Shan Nieto & myself .

On an easy ride out through the Orange groves to Beniarbeig lovely.  
We are meeting up every week.



Here we are again , making the most of the winter Sun.

Our trip to Oliva beach bar.

We do have some chaps that come along when possible, sadly they missed this one.

Rides each week from Cafe de cyclista bar Las Marinas 10am most Friday's.

Barbara goes out biking quite regularly, around and about the area and there are flat cycling routes and she is happy to meet and guide anyone interested in going out on a bike.

Please contact Barbara if you are interested in joining this group:

[cycling@u3adenia.com](mailto:cycling@u3adenia.com)

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### **Petanque Group**

What a start to our Autumn season with high levels of players taking part each week in our games.

The weather has been very kind to us with many members returning to blue skies and sunshine and some new U3A members joining our group.

As well as our weekly games we had an enjoyable afternoon ( as seen in some of the photographs below) when we all joined together for lunch in the park at Bassetti Cafe at the end of October.

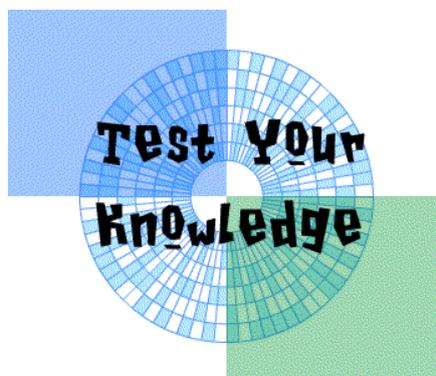
All our members enjoy taking part each week and the winners are deservedly proud of their achievement.



Ann  
Group Leader

[petanque@u3adenia.com](mailto:petanque@u3adenia.com)

**Quiz Group:**



**We are looking for volunteers please to compile quizzes from November onwards.**

The U3A Dénia quiz night takes place on the 4<sup>th</sup> Friday of the month at the Poligono Restaurant in Dénia. The price for the quiz, meal and including prizes is 13 Euros per person.

If you would like to be added to the mailing list for quiz nights please contact Richard [quiz@u3adenia.com](mailto:quiz@u3adenia.com)

## Sunday Walking Group:

We are now well into the new season's walking taking full advantage of this wonderful weather that is continuing. We started with a circular walk from Gata de Gorgos over the Serra del Serrellas. Interestingly, when we were returned to Gata there was a most appropriate large, inflated, red cat in the street.



The next two walks were rather lengthy with the 5000 steps followed by a walk over the Puntal de Morrut. Both were over 8 hours. Our last walk, attracting 20, was from Forna up to the Pla de Frare with beautiful 360 degree views. The heavy morning dew had not dried out and made the descent over slippery limestone longer, but thankfully not faster, than usual.



Most of our walks are between 12 and 16kms, taking between 4 and 8 hours depending on the terrain and the amount of ascent and descent. This is usually between 400m and 800m.

So, if you fancy an energetic Sunday leg stretch, do join us.

Saludos, Crawford.

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## Travel Group:

The travel newsletter will be published next week but there is an update which I would like to bring to your attention:

The Christmas Lunch at Viva Espana is definitely on Saturday 9<sup>th</sup> December and the cost has now been **reduced to €35** per person.



## Lunch time Christmas Meal and Flamenco Show

### Starter

Prawn with crab and pineapple cocktail  
Or  
Homemade pumpkin cream soup

### Main course

Turkey with gravy and garnish  
Or  
Roast beef with gravy and garnish

### Desert

Homemade apple tart with cream

1 bottle of wine per couple  
Water on the tables  
Glass of champagne included  
Coach Travel from Dénia/Ondara included

35 Euros per person

To book please contact: [travel@u3adenia.com](mailto:travel@u3adenia.com)



Pick up time from:  
New Marina Denia - 11.15  
McDonalds Denia - 11.30  
Mas y Mas Ondara - 11.45

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**New Group:**

**A Singles Cooking/Social Group**

If you are single, if you like cooking, but cannot be bothered to make an effort 'just' for yourself, why don't you join me? I would like to have a group of max. 6 singles to cook a proper meal (no haute cuisine required) once every two to three weeks. Of course every meeting will have a different venue and cook. I'm sure it will be fun! If you are interested e-mail me: [mia.van.buul@gmail.com](mailto:mia.van.buul@gmail.com)

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**For Sale/Wanted:**

**La Sella Golf Share Rental:**

A 27 hole family membership - reduced to €500 for the year January the 1<sup>st</sup> to December 31st.

The renter also has to pay the La Sella Golf Club €1400 for annual membership plus €4 for each 18 holes he plays.

If interested please contact:

Home : 96 645 6533

Mobile : 610 986 192

Email : [davidcannon66@gmail.com](mailto:davidcannon66@gmail.com)

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Karaoke machine – never used – still boxed as delivered by Amazon

Ordered in error – **cost €288**

Any sensible offers of purchase will be considered and all proceeds will go to the Children's Home fund to purchase Christmas presents.

Contact [pamrowlinson@gmail.com](mailto:pamrowlinson@gmail.com)

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Log burner + 4 flue pipes x 1m

Small crack in door of burner. The glass is stable and it is only a cosmetic problem

€50

Telephone Richard on 689 348 881 or Email [Manitgdns@hotmail.com](mailto:Manitgdns@hotmail.com)

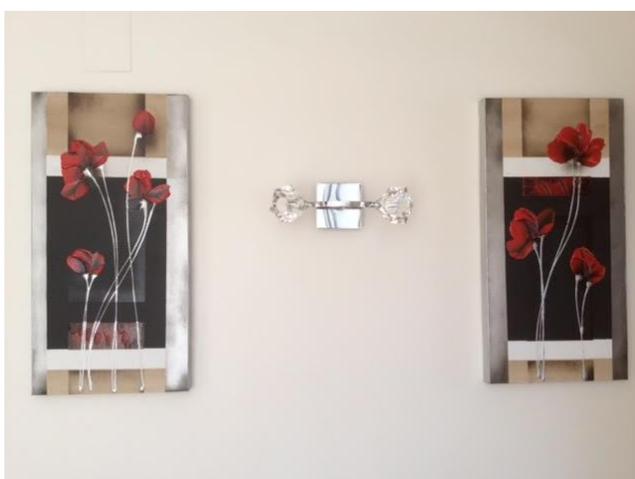
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2 ceramic window boxes 22 inches long 6 inches wide 10 euros each.

Phone Maureen 966433487 after 2pm.

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2 x hand painted pictures of poppies. 70 x 35 cms €10 each



2 x chests of drawers (in good condition). 70h x 60w x 45d cms. €15 each



Black Bull (new). €15



Modern painting (good condition) black textured frame. 148 x 55 cms €15

Please contact: [mandjoleary6@gmail.com](mailto:mandjoleary6@gmail.com)

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**For Information:**



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The Bridge group which meets at at El Cid is offering free lessons to learn to play bridge, starting at 10.30 on the 17th January.

Contact Brenda on 966 404 533 or Tina on 965 584 135 for more details.

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## U3A Dénia's 'Good Cause' – the residential childrens Care home in Dénia

We recently received a very kind donation from Jalon Valley Help which they wished to be put towards something that all the children could enjoy. The children chose to visit an activity centre in Parcent which has a varied selection of activities to cover the range of the children's ages. Please see below some of the activities that the older children were able to take part in:



They all had a wonderful time. Our thanks go to Jalon Valley Help and to our members who always generously contribute at our meetings and fund raising events to provide 'happy memories' for these children. They are not orphans but for a variety of reasons the authorities have taken them into care when their parent/s are unable to cope. So fun days out were a rarity for them until we took them on as our 'Good Cause' over 6 years ago.

Our very own Papa Noel (Mick Nial) will be handing out the presents again this December when the children have their Christmas party.



We have places for 10 people from the U3A Dénia to join the party so if you would like to be one of the 10 please let me know via email [pamrowlinson@gmail.com](mailto:pamrowlinson@gmail.com) and places will be allocated on a first come first served basis and I will send you the details

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# Christmas GIFT FAIR

**EL PRADO**

**EVENTS CENTRE  
ONDARA**

Next to the Bull Ring

**2 DECEMBER  
10.30 - 16.00hrs**

**With all the  
classic HELP  
Christmas stalls**

**plus a wonderful selection  
of cards, gifts and  
Christmas goodies**

**To book a stall contact:  
[eventshelpdama@gmail.com](mailto:eventshelpdama@gmail.com)  
Tel: 690 358 244**



Reg. Charity No. 3706  
[www.helpofdenia.com](http://www.helpofdenia.com)

